



Advantage NURSING SERVICES, INC
— Qualified Professionals According to Need —

Date _____

Name _____

Signature _____

Please select the column that most accurately describes your proficiency level...

Level of Proficiency

When completing this checklist, please indicate your level of proficiency in each area according to the scale below. Place a check mark in the column to the right which best describes your expertise with each skill.

1. No experience
2. Knowledgeable / Moderate experience
3. Competent / Proficient

SKILL	Check Proficiency		
	1	2	3
MEDICATION ADMINISTRATION:			
Administer IM, SC medications, (narcotics, analgesics, anticonvulsants, insulin)			
Monitor IV drips			
Oxytocin induction/augmentation			
Magnesium sulfate therapy (& other anticonvulsants for pre-eclampsia/eclampsia)			
Labor suppressants (e.g. Ritrodrene)			
Antibiotics			
Heparin			
IV THERAPY:			
Start IV lines			
Regulate IVs			
Mix IV infusion using additives			
Discontinue peripheral IVs			
Use IV infusion pumps			
Use heparin locks			
Institute & monitor blood/blood products			
Draw blood for lab studies			
ASEPTIC TECHNIQUE RELATIVE TO L & D:			
Set up a delivery table			
Set up a caesarean section table			
Circulate for caesarean section			
Scrub for a caesarean section			
Circulate, scrub for a postpartum tubal ligation			
Assist with an AROM (artificial rupture of membranes) procedure			

SKILL	Check Proficiency		
	1	2	3
ASEPTIC TECHNIQUE RELATIVE TO L & D: Cont.			
Assist with placement of fetal scalp electrodes for internal monitoring			
Assist with placement of an intrauterine pressure catheter for internal monitoring			
Assist with the fetal scalp blood sampling procedure			
Insert a straight or Foley catheter			
Perform a vaginal exam and assess effacement, dilation, station, presentation			
PROVIDE INTRAPARTUM CARE TO WOMEN WITH:			
Pregnancy-induced hypertension			
Preeclampsia			
Eclampsia (seizures)			
Placenta previa			
Abruptio placenta			
Multiple gestation			
Malpresentations			
Premature labor			
Diabetes Mellitus			
Cardiac disease			
Asthma			
Infectious diseases			
Hemorrhage			
Pyelonephritis			
Cystitis			
Sickle Cell Disease			
Rh incompatibilities			

LABOR & DELIVERY Skills Checklist Continued...

SKILL	Check Proficiency		
	1	2	3
OBSTETRIC TECHNIQUES & PROCEDURES:			
Conduct a stress test (oxytocin challenge test)			
Conduct Fetal Activity Determinants			
Perform cardiopulmonary resuscitation			
Adult (umbilical artery catheter)			
Infant (assist intubation & umbilical artery cath. ins., mix resuscitation drugs, admin. IM narcotic)			
INTRAPARTUM PHASE:			
ASSESSMENT DURING LABOR			
Assess & document progression of labor			
Contraction characteristics			
Changes in the woman's behavior, appearance			
Status of membranes			
Assess and document fetal status			
Determine fetal position			
Auscultate FHR (fetal heart rate) using:			
Fetoscope			
Doptone (Doppler Ultrasound)			
Monitor uterine activity & FHR patterns using a fetal monitor			
External monitor (tocotransducer; ultrasound, phono or abdominal ECG transducer)			
Internal monitor (including connecting the leads & calibrating machine)			
Identify FHR patterns			
Variability/reactivity			
Decelerations - early, late, variable			
Tachycardia/bradycardia			
Assess & document maternal status:			
Vital signs (BP, P) according to stage of labor and patient stability			
Deviations from the norm (edema; deep reflexes, clonus)			
Intake and output including testing urine for glucose, protein, specific gravity, ketones			
Escort patient to/assist with:			
pelvimetry			
ultrasound scan			

SKILL	Check Proficiency		
	1	2	3
INTERVENTIONS DURING LABOR:			
Provide physical comfort measures			
Provide emotional support			
Coach in psychoprophylactic breathing & relaxation technique			
Support, guide labor coach, p.r.n.			
Change women's position, as necessary			
Do a perineal prep			
Provide care and monitor after rupture of membranes (spontaneous or artificial)			
INTERVENTIONS DURING DELIVERY:			
Spontaneous vaginal delivery			
Forceps vaginal delivery			
Cesarean section			
Labor room delivery			
Obstetric anesthesia - monitor those requiring special surveillance			
General anesthesia			
Regional anesthesia			
Epidural			
Spinal			
Local infiltration			
IMMEDIATE CARE OF INFANT POST-BIRTH:			
Assign apgar scores			
Physically examine newborn (anomalies, respiratory status)			
Suction infant			
Weigh infant			
Identify infant using bracelet, footprints, and mother's bands			
Eye prophylaxis			
Collect cord blood samples			
Transfer to newborn nursery			

LABOR & DELIVERY Skills Checklist Continued...

SKILL	Check Proficiency		
	1	2	3
POSTPARTUM PHASE:			
POSTPARTUM ASSESSMENT:			
Fundus consistency			
Lochia			
Bladder distension			
Episiotomy			
Incision (for Cesarean delivery)			
Vital signs			

SKILL	Check Proficiency		
	1	2	3
POSTPARTUM INTERVENTION:			
Initiate fundal massage, if needed			
Provide perineal care			
Foster parent-infant bonding			
Initiate post-anesthesia recovery precautions			
Spinal			
Epidural			
General			

Reviewed by: _____