



CNA SKILLS CHECKLIST

NAME _____

DATE _____

INSTRUCTIONS: The following is a list of responsibilities techniques and skills which are included in your job description. In order to gain an idea of your current skills, please check your self-evaluation of your present level in the clinical area.

SKILL	NEED FOR BASIC INSTRUCTION	NEED TO OBSERVE PROCEDURE	NEED TO PRACTICE SUPERVISION	CAN FREELY PERFORM WITHOUT SUPERVISION
Ambulation of Patients				
Applications, Cold				
Applications, Dry-Hot				
Aseptic Isolation Technique				
Assessing Patient's Needs				
Bath & Personal Hygiene				
Bed Positioning				
Binders & Other Aids				
Cardiopulmonary Resuscitation				
Daily Catheter Care				
Colostomy Irrigations				
Diabetic Urines				
Dying Patient, Emotional Support				
Enemas				
Basic Traction				
IV Fluids (Observing & D/C ing)				
Ostomy Appliances				
Oxygen Therapy				
Pre Operative Care				
Post Operative Care				
Pelvic Exam, Assisting With				
Pap Test, Assisting With				
Range of Motion Exercises				
Restraints				
Specimen Collection, 24 Hr. Urine				
Specimen, Clean Catch				
Specimen, Sputum				
Specimen, Stool				
Specimen, Throat Culture				
Vital Signs				
Intake & Output				

Signature